Field Maintenance
A Basic Guide for Baseball & Softball Fields of All Levels
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Preface

The information in this document is provided as a general reference guide for the maintenance of a baseball or softball field or facility. Professional and international baseball and softball federations and organizations follow similar guidelines pertaining to the dimensions and needs for field development. The information provided in this document should be used only as a resource in the development of a playing field; this information does not represent the only means and methods of field development.

This document is a summary comparison of field establishment processes. These findings may illustrate potential solutions for construction, maintenance and safety for the field of play; however, all areas regarding potential field development may not be identified in this document.

Please note that certain country or regional laws and standards may apply to the construction of athletic fields. Therefore, the guidelines found in this document do not imply that a specific field does not comply with worldwide baseball standards. This document was written in 2006 and updated in 2012.

About the Authors

Murray Cook, President of Brickman Sports Turf and field consultant for Major League Baseball, has over 30 years of experience in the management of professional, collegiate and youth baseball fields worldwide. Mr. Cook, in collaboration with the Baseball Tomorrow Fund (BTF), created this document to provide a resource for baseball field development and field maintenance for organizations involved in all levels of the game.

BTF is designed to promote the growth of youth baseball and softball throughout the world by awarding grants to support field renovation and construction projects, equipment and uniform purchases, coaches training material and other selected program expenses. Since its formation by Major League Baseball and the Major League Baseball Players Association in 1999, BTF has awarded more than $20 million to non-profit and tax-exempt organizations in the U.S., Canada, Latin America, the Caribbean, Europe and Asia. The Baseball Tomorrow Fund also established national programs encouraging equipment donations and field maintenance education across the Major Leagues.

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Chapter I - Field Maintenance

Developing a Field Maintenance Plan

Providing adequate field maintenance is the key to a safe and quality baseball and softball program and facility. Significant time and resources are required to maintain a field properly. Developing a feasible field maintenance plan is a very important part of any baseball or softball program.

Planning

To develop a field maintenance plan, determining answers to the following questions during the planning stage of a renovation or new construction project is critical:

- What organization will be responsible for maintaining the field?
- What experience, expertise and equipment are available?
- What is the annual field maintenance budget?
- What are the funding sources to sustain the annual budget?
- Will the field be used for other sports or events?
- How many games will be played per day, week, month and year?
- Will the field be a site for tournaments?
- Should the field have synthetic or natural turf?

Staffing

While professional fields are often maintained by a full-time staff, recreational and youth fields often require volunteer help. Providing basic field maintenance checklists to coaches, players and volunteers can ensure proper maintenance of the field. Basic checklists that can be used as a starting point can be found in Chapter V. Once a checklist is developed, it can be laminated and posted in each dugout for the reference of all coaches and players.

Budget

The average, annual field maintenance budget for a professional field can range from $50,000-200,000. Similarly, maintenance budgets for recreational and school fields will vary widely. Important budget considerations include: competitive level of use, condition of the field, type of field (i.e. natural or sand-based, type of grass, artificial turf), use of the field for other activities and the availability of field lighting. To develop an annual budget, investigate similar, well-maintained fields in the community and inquire about the maintenance budget, equipment and staffing.
Suggested Maintenance Equipment

Many pieces of equipment are considered necessary to provide adequate field maintenance. This list provides a snapshot of the tools and equipment used by groundskeepers for the maintenance of a field. Descriptions of several key equipment items follow.

Tools and Equipment
- Batter's box, baseline chalker
- Base hole covers
- Batter's box and catcher's box outline frames
- Push broom
- Drags (assorted)
- Edge cutter
- Line marker
- Mound and hitting mats
- Rakes (assorted)
- Shovels
- Small backpack-style sprayer
- String line
- Tamp
- Tarpaulins
- Watering equipment - hoses, spray nozzles, sprinkling (watering) can
- Wheelbarrow

Materials
- Calcined clay - granulated
- Diamond dust - ground calcined clay - for drying wet balls
- Fertilizers
- Herbicides and pesticides
- Line marking material
- Stockpile of mound clay – approx. 2 tons per field
- Stockpile of soils for fill and topdressing – approx. 25 tons per field
Rakes

Each field should have an assortment of rakes. Two each of the following rakes are suggested:

<table>
<thead>
<tr>
<th>Type of Rake</th>
<th>Suggested Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board or Smoothing Board Rake</td>
<td>For smoothing the clays.</td>
</tr>
<tr>
<td>Garden Rake</td>
<td>For deeper raking to dry areas and to mix materials into the clays.</td>
</tr>
<tr>
<td>Fan or Leaf Rake</td>
<td>To rake clay and soil from the edge of the grass after each game. The best fan rakes are made of plastic. Metal fan rakes are not recommended.</td>
</tr>
</tbody>
</table>

Mound and Home Plate Compactors, Rollers and Tamps

A “hand” tamp (below left and center), is a rectangular piece of iron measuring 6" x 8" x 1 ½" welded to a 4-foot length of 1 ½” pipe. A tamp is used to pack the clays around the pitcher’s mound and home plate area. A roller (below, right) is also used on the infield skin (dirt area.)

Cover the bottom of the tamp with a piece of burlap. Tie the ends of the burlap around the handle of the tamp. This will reduce the sticking of moist clays to the tamp.
A drag is used to smooth the skinned areas of the infield. Various models of drags are available. The three types of drags are shown in the photo, top left (from top to bottom): nail, steel and cocoa mat. Some drags are built from steel mesh. Some drags used for finishing the field are made from cocoa mats. This natural fiber ensures a smooth appearance.

A nail drag is used to scarify, or loosen, the skinned areas of the infield. A variety of nail drags are available from baseball equipment retailers; however, to cut costs, a simple nail drag can be easily constructed (see steps below.)

A drag can be pulled by hand or attached to the back of a vehicle and pulled. Some motorized maintenance vehicles come equipped with dragging implements.

**It should be emphasized that the drag should not overlap the turf.** If overlapping does occur, a dangerous “lip” of built up dirt will occur at the edge of the grass area. The drag should always be picked up and carried away and never dragged across the grass area.

### How to Make a Nail Drag

**Materials Needed:**
- 5 – 2 X 4 in. wood boards, each 3 ft. long
- 5 – 1 X 4 in. wood boards, each 3 ft. long
- 100 metal spikes
- 4 eye bolts
- 20 ft. of nylon rope or link chain
- Hand saw, power drill, hammer

Construct a 3 X 3 foot frame using five, 2 X 4 inch wood boards. The corners and the ends of the center board are dovetailed, or slotted together, to allow the frame to lie flat. Staggered holes are drilled (slightly smaller than metal spikes) through the board approximately 1 inch apart. The metal spikes are then driven into the holes. A frame is attached by nailing a 1 X 4 inch board to cover the nail heads to prevent them from coming out. Attaching an eye bolt in each corner of the board, a rope or link chain is attached to drag the spiker in either direction. When more weight is needed to loosen more compacted surfaces, cement blocks or other weights may be placed on top of the drag.
Tarpaulins

Tarpaulins, also known as tarps, are used for several purposes including: to protect the field from rain, to retain moisture in the mound and home plate areas when the field is not in use and to protect the turf during practice (photo below.)

In the event of rain, the mound and home plate areas should be covered as quickly as possible. A heavy plastic cover, at least 6 mm in thickness, or nylon cover is suggested. The tarp should be as heavy as possible to keep the tarp on the ground during high winds. The tarp should be large enough to just overlap the grass by approximately 8 inches.

A tarp that covers the entire infield is also available, as shown in the photo above. This tarp is usually made of the same fabric and measures approximately 165 ft. by 165 ft. The folding and rolling of the tarp can be difficult and should be consistent to cover the field as quickly as possible when it is raining.

Kits with smaller tarps to cover the pitcher’s mound, home plate area and base positions are also available.

Tarps are used to maintain moisture in the pitcher’s mound and home plate areas. **The use of tarps is recommended anytime the field is not in use.**
How to Mow a Field

The mowing of the infield and outfield turf should be completed based on the grass growing heights. A rule of thumb is mow no more than one-third of the blade of grass at any given time. Mowing the grass more than one-third at a time can result in discoloration or “scalping” of the turf, or cutting the turf too low. The following chart provides the suggested heights of common types of grasses:

<table>
<thead>
<tr>
<th>Type of Grass</th>
<th>Best Height</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bluegrass</td>
<td>1-1 ½ in.</td>
</tr>
<tr>
<td>Tall fescue</td>
<td>2 in.</td>
</tr>
<tr>
<td>Zoysia</td>
<td>½ - 1 in.</td>
</tr>
<tr>
<td>Bermuda</td>
<td>½ - 1 in.</td>
</tr>
</tbody>
</table>

Turf Mowing Maintenance

There are two types of mowers available to cut the field: 1) rotary, and 2) reel mowers. The most common type of mower is a rotary mower. Rotary mowers are used primarily on residential lawns.

Reel mowers are more specialized and are used on higher maintenance facilitates like golf courses and athletic fields. These mowers require additional training to operate properly. Reel mowers are used to provide better quality cutting and allows very low cutting heights. These mowers also have striping capabilities, as shown in the photo above.

The number of times per week the field is mowed will vary depending on the budget, weather and fertility program. Baseball fields are mowed everyday to once a week, depending on the specific needs and standards of the facility.

When mowing a baseball field, keep in mind the following items:

1. It is important to train employees on equipment to reduce the potential for damage and ensure safety.
2. Check oils and lubricate the equipment prior to mowing. Proper equipment maintenance is critical.
3. Always use sharp blades and/or adjust reels prior to every mowing.
4. If the mower makes turns on the skinned areas and warning track, remove any clippings on those areas.
5. Mowing the field when wet is not recommended and should be avoided whenever possible.

There are four traditional patterns to mow a baseball field:

- Home Plate to First Base
- Home Plate to Second Base
- Home Plate to Third Base
- Foul Pole to Foul Pole and the Infield Arc

*Above photos by Brickman Sports Turf Division*

**Mow no more than one-third** of the blade of grass at any given time.
How to Maintain the Base Paths

It is best to maintain as much of the base paths by hand as possible. Use a drag that is narrower than the width of the base paths. Make sure that the drag does not overlap the grass area to prevent the formation of a “lip” or ridge at the edge of the grass.

Prior to raking the base path, remove any white chalk material with a shovel. This will keep the clay more stable and not cause a hump, or raised area, down in the middle of the baseline.

Rakes should also be used on the base paths. When raking the base paths, do not rake across the path, but go up and down the baseline. Raking across the path can cause a low spot to develop down the middle of the path.

Weeds in the base paths (photo, right) should be removed by hand.

When raking the base paths, do not rake across the path. Rake up and down along the length of the path.

Infield Skin – the areas on a field composed of clay, such as base paths, pitcher’s mound and home plate area. These areas are composed of infield mix, also called infield clay.
How to Maintain the Infield Skin

The following is a suggested method to properly maintain the skinned areas of the infield:

1. Rake excess dirt from underneath each base area to make it level.
2. Remove any debris, including grass clippings, rocks, weeds, etc.
3. Water the skinned area to allow the infield to be nail dragged. If the skinned area is already moist, this step can be skipped.
4. Nail drag the infield.
5. Add soil conditioner (shown above) and spread with a rake.
6. Screen or drag the infield.
7. Water infield as needed to ensure desired moisture levels.

While maintaining the infield, the drags should be kept at least 6 inches away from the grass so that the loose dirt does not get into the grass thus forming a “lip,” or ridge, in the grass edge. A regular rake should be used along the grass edge. Should dirt get into the grass edge, a stiff brush broom should be used to “sweep out” the dirt back onto the skinned area, removing any grass clippings that may be swept onto the skinned area in the process.

Anytime a “lip” begins to develop where the grass and dirt area meet, use a water hose to wash the dirt out of the grass and back onto the skinned area.

To drag the infield skinned area, make a spiralling circle with the drag mat from the infield grass line to the outfield grass, starting at the third base foul line, across the skinned area to the first base foul line. This circular spiral should measure 9-10 ft. in diameter.

Edging the field (photo right) should be done on a bi-weekly basis during the growing season. This will greatly reduce built-up edges. Always use a string line when edging the turf, as shown above.
How to Maintain the Pitcher’s Mound, Home Plate and Bullpen Areas

During every game, damage occurs to the pitcher’s mound and home plate areas. Regular, proper maintenance will reduce time and money needed to rebuild and renovate these areas. It is also critical to maintain these areas properly to reduce the potential for injury.

The following is a suggested method to properly maintain the pitcher’s mound and home plate areas on the field and in the bullpen areas:

1. Sweep debris material from the landing area and table of the mound. This allows the packing clay to be exposed. The landing area is the location on which the pitcher steps to pivot and throw. The table is the area at the top of the mound, measuring 36 inches by 5 feet.
2. Tamp any uneven packing clay level prior to watering.
3. Using a small roller can provide consistency in the mound and home plate areas.
4. Lightly moisten the clay to ensure new packing clay will bind to the existing clay.
5. Scuff-up, or loosen, damaged areas with a shovel.
6. Add new packing clay to the damaged areas.
7. Tamp newly installed packing clay into the ground.
8. Rake down the newly repaired areas.
9. Rake all debris from the pitcher’s mound.
10. Add soil conditioner (if needed.)
11. Water the entire pitcher’s mound.
12. Allow the mound to dry; however, do not allow the packing clay to dry too much to the point of cracking.
13. Once the pitcher’s mound is completely prepared for the game, cover it with a tarp to maintain a proper moisture level. Repeat this process for the home plate, mound and in the bullpen areas.
In some cases, clay bricks are used to establish a firm throwing area. The photo (left) shows the use of moist clay bricks for the home plate area. These bricks are a very acceptable material because they have not been hardened by heat, like bricks used in construction.
Chapter II - Turf Management

Control of Weeds, Pests and Disease

The turf on the field of play must be protected from weeds, pests and disease. There are recommended chemicals that have all been tested. Many new types of chemicals are entering the market regularly and it is important to determine if the geographical area allows specific types of chemicals to be applied.

The products noted in this section are suggestions only. The type of weed control selected should be determined based on the field conditions and level of weed growth.

For broad leaf weeds such as dandelion, ground ivy, plantain and buckhorn, the types of herbicides used across the industry varies. Pre-emergent herbicides are applied in mid-spring, and post-emergent herbicides are applied in the fall. It is suggested that these products should not be used in hot weather because it may cause discoloration.

Pre-emergent herbicides have been effective for grassy weed control such as crabgrass. Treflan, Daethal, Bandane, and Zytron are pre-emergent herbicides.

For control of different types of cut worms and beetles, turf managers have used products such as Heptachlor, Chlordane, Adrin, and Malathion. Each one is different and the exact material will be recommended by the testing lab chosen as a source to determine fertilization needs. All products should be watered in immediately after application. Follow the manufacturer’s label of the product closely.

It is important to remember that some bugs are our “friends” when it comes to growing healthy turf. Earthworms and beetles aerate the soil and create organic matter. Bugs are beneficial in many areas of our world; however, on a professional level baseball field, an infestation of bugs can cause slight undulations in the finish grade.

Environmentally-safe methods of weed control, such as pulling weeds by hand, should be considered whenever possible. If weed control products with chemicals are used, appropriate measures regarding the use of fields should be established to ensure safety.
Aeration

High-use areas on a field require aeration. To aerate is to provide ventilation, or expose air, into the soil. The greater the use of the field (or specific area of the field) the more aeration is needed.

To aerate the field, a machine is required to remove small cores of the turf. Aerating machines are sometimes mechanical devices pulled behind a cart or vehicle. The mechanical, self-propelled type of aerating machine is highly preferred.

There are several types of aeration. The type selected is based on the time of season and the specific issues to be addressed with the soil. The types of aeration include: hollow tine aeration, solid tine, open tine, slicing tines, water jet, and event deep tine. A tine is a spike: the pointed part of the aeration machine that is driven into the soil or turf. Some aeration machines mechanically drive the tines into the ground. Other aeration machines pull the tines across the field, while the tines penetrate the soil based on the weight of the machine. Most turf managers prefer the mechanical approach. The mechanical machines provide a more even distribution of aeration allowing the depth of the tines to remain constant.

On average, natural soil fields require more aeration than sand-based fields due to compaction issues. The amount of aeration depends on the use of the field. It is recommended to aerate at least 2-3 times per year.

After the field is aerated, it is also recommended to top dress the field. Topdressing is applied with a machine pulled behind a cart, as shown in the photo (left.)

On Bermuda turf, the field should be verticut to remove the thatch layers. The verticut process uses a power machine with vertical blades to remove the thatch and allows the turf to grow properly. This procedure should be completed at least once per year. On Bluegrass or cool season grasses, the process of verticutting or de-thatching is required; however, all efforts should be made to perform this procedure in the fall. In addition, good judgment must be used to determine the depth of the dethatcher so that the root structure is not removed or damaged in the process. Following the removal of the thatch on Bluegrass turf in the fall, the field should be over-seeded and top dressed.
Renovation vs. Reconstruction

When determining whether to renovate or reconstruct a field, the rule of thumb is as follows: “Reconstruct if the turf has more than 50% weeds with a large proportion of crabgrass or, if in the north, poa trivialis.” In other words, renovate the field if it has less than 50% weed infestation. However, this decision also depends on the type of weeds present and location of the field.

If total reconstruction is chosen, fumigation of the field to kill off the weeds properly may be necessary. If only a slight renovation is chosen, plan to aerate, top dress with sand, fertilize, overseed or sod and water adequately to obtain proper growth. Renovation may be necessary in small sections. Be sure to match the seed or sod to existing materials to avoid a “patch” look in the spring when the turf grows in. In most areas, the best time for either renovation or reconstruction is autumn.

Grass Selection

Selecting the type of turf needed is partially determined by geographic location. Fields located in northern U.S. use cool season turfs such as Bluegrass, fescues and rye grasses. In the southern U.S., Bermuda-type turf and Zoysias grasses are commonly used. In Europe, Pos type turfs are used. Determining the best grass for the area is as simple calling the local agricultural or agronomic school. Thousands of varieties of grasses are available, but all grasses can be categorized in the groups noted above. No one type of grass is perfect, but there are some excellent grasses adapted to fit nearly all conditions.

The best time to renovate or reconstruct a field is autumn. Call the local agricultural or agronomic school to determine the best type of grass for the area.
Irrigation

All turf will need water, or irrigation, for establishment, growth and repair. If nature does not provide rain in sufficient amounts, the turf manager must provide the water. The ability to have a consistent water supply is critical to field maintenance. **Installing an automatic irrigation system should be one of the highest priorities in any field renovation or construction.** Watering thoroughly to allow the water to soak deeply is required. Deep watering encourages deep root growth. Frequent shallow watering encourages shallow surface roots, compactions, crabgrass and other weeds.

Some engineered soils can hold up to 1,000 gallons of available water per 1,000 square feet to a depth of 6 inches. Under severe drought conditions, the turf may lose a quarter to a third of an inch of water per day.

It is possible to over water a field. Grassy weeds such as nut sedge may appear. Over watering also limits the oxygen supply to the turf and may cause yellowing which can create turf that is susceptible to disease.

A soil probe should be used to check the depth of moisture saturation. A soil probe can be purchased from local lawn and garden stores. It is a very valuable tool used to pull small cores of soil from your field to check root depth and moisture. If the penetration is slow, aerating may be necessary because the soil is compacted. Frequent use of the aeration equipment will keep the soil open and provide the necessary porosity, or porous quality of the soil.

In addition to the maintenance of the infield and outfield turf, **irrigation is also necessary to properly maintain the infield skin, pitcher’s mound and home plate area.** The application of water is essential to effectively work with infield mix and mound clays.

**Deep watering** encourages healthy turf. Frequent shallow watering encourages crabgrass and weeds.
Fertilization

Turf must have the following nutrients in order to grow and heal after wear and tear: nitrogen, phosphorous and potassium. The formula for the accurate amounts of these products should be determined by having a soil analysis completed by an agronomic agency specializing in the evaluation of athletic turf grasses. All athletic turf should have an application of a complete balanced fertilizer throughout the year.

The chart below provides several types of balanced formulas, depending on local soil conditions.

<table>
<thead>
<tr>
<th>Nitrogen %</th>
<th>Phosphorous (Phosphate) %</th>
<th>Potassium (Potash) %</th>
</tr>
</thead>
<tbody>
<tr>
<td>10</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>15</td>
<td>5</td>
<td>15</td>
</tr>
<tr>
<td>10</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>8</td>
<td>6</td>
<td>4</td>
</tr>
</tbody>
</table>

Nitrogen is a main staple for leaf growth and is supplied in either organic or inorganic form. The organic type is also available in sewage sludge, cottonseed meal and urea form. The inorganic is available as sulphate of ammonium, urea or ammonium nitrate. Sport turf managers use both organic and inorganic blends. This produces a more uniform and steady grass growth.

A general rule of thumb is to provide ½ to ¾ pound of nitrogen (actual) per 1,000 square ft. during each month of the growing season. In most sports field environments it is better to feed lightly and frequently. A consistent supply of nitrogen will provide for steady growth and recovery from injury and wear. In contrast, too heavy of feedings may create a tender, even slippery turf that has a lower tolerance for wear. Again, perform soil and tissue tests regularly, approximately 3 to 4 times per year. Bermuda and Zoysia grasses should be fed regularly during the long summer growing season.

Soils in the cool temperature areas, which are northern hemisphere, require different fertilizers than those in the south. The area separating the two hemispheres is called the transition zone. The transition zone is the area located between cool season grasses and warm season grasses. Growing turf in the transition zone is very difficult as neither variety of grass is ideal. Therefore, consult a local agricultural/agronomic school for the appropriate types of fertilizers for the area.
Using a cyclone, walk-behind fertilizer spreader is preferred by most sport turf managers. Determine if the grass is dry before applying a fertilizer. It is considered a good practice to aerate the area before applying fertilizers. Afterwards, the soil should be dragged and watered to insure the chemicals get to the roots. Under normal conditions, ground limestone should only be needed every other year.

**Healthy turf** needs nutrients such as nitrogen, phosphorous and potassium. For sports fields, it is better to **fertilize lightly and frequently**.
Chapter III - Field Equipment

The following equipment and field elements are necessary to meet the general requirements of the rules of baseball and the minimum standards used by the International Baseball Federation. Numerous variations of equipment are used, but this section may assist the understanding of the level of detail needed at the field to host a tournament or higher level of competitive play.

Field Lighting

When considering field lighting, remember that the addition of field lighting will result in greater usage of the field and more time and funding required for on-going field maintenance and renovations. However, if field usage is managed properly, with time allowed during the season to rest the field, field lighting can be a useful addition to the field and the programs that utilize the field. If funding allows, the installation of field lights (or the required electrical infrastructure for the future installation of field lights) during the initial field construction stage is highly recommended.

When planning the installation or replacement of field lighting, it is important to understand that each level of play requires different levels of lighting requirements; therefore, several factors should be considered. These factors include the size of the facility, the durability of the lighting system, the age of the facility, the requirements of the applicable governing body (i.e. NCAA, IBAF, Little League, Inc., etc.), the potential for televised games or international play. It is important that these issues are discussed with a field lighting professional during the planning process.

To demonstrate the differences in lighting guidelines based on level of play, the following chart provides general lighting guidelines for various levels of fields.
General Lighting Guidelines Based on Field Level

<table>
<thead>
<tr>
<th>Field Level</th>
<th>Horizontal Illumination</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Infield</td>
</tr>
<tr>
<td>International/Olympics</td>
<td>150 (1,500)</td>
</tr>
<tr>
<td>Minor Leagues – AAA and AA</td>
<td>100 (1,000)</td>
</tr>
<tr>
<td>Minor Leagues – A and Rookie</td>
<td>70 (700)</td>
</tr>
<tr>
<td>College – non-television</td>
<td>70 (700)</td>
</tr>
<tr>
<td>College – televised</td>
<td>100 (1,000)</td>
</tr>
<tr>
<td>High School, Youth (competitive)</td>
<td>50 (500)</td>
</tr>
<tr>
<td>Recreational</td>
<td>30 (300)</td>
</tr>
</tbody>
</table>

*Please note: In the U.S., lights are measured by the amount of Foot Candles (FC.) In Europe, lights are measured in Lumens (Lux.)*

**Bases**

Each field will need three bases, three base plugs and a clean-out tool to clear any soils that may enter the base anchors. First, second and third bases are 15 inches square, and cannot be taller than 3 inches.

The “Hollywood-Style” base (photo above) is the accepted base for baseball fields throughout the U.S. This style of base is tough, durable, convenient to handle and can be permanently located on the field. There is no slipping of the base, which makes it very safe. The base can be cleaned and painted prior to each event to provide a professional appearance to the field. This type of base does not require spikes or straps. Strap down bases have been ruled as unsafe in some tournaments.

**Pitching Rubber**

The pitching rubber, also referred to as a pitcher’s plate, is available in several styles: four-sided (left), spiked, moveable and step-down. The official size of the pitching rubber is 26” x 6.”
Backstop

The backstop is constructed with chain link fencing or with nets and cables. The height of the backstop can range between 10-20 feet and is determined by the age groups served and level of competition played at the field. Selecting the proper height and width of the backstop is important to provide adequate player and spectator safety.

The backstop should be located 60 feet from home plate on regulation baseball fields and 25-35 feet on youth baseball fields.

Backstop netting, which is preferred for higher level and competitive fields, is suspend between the dugouts and normally covers an area directly behind home plate that is 80 feet wide and 24 feet high.

Consult an architect to design a backstop system that bests suits the needs of the facility.
Dugouts

Dugouts are used to protect the players from inclement weather and the sun and to provide an area where they can rest while the opposing team is in the field. Typical dugout structures should be designed to hold a roster of 20 players plus coaches. This would require a dugout to be at least 60 feet long.

Some dugouts are totally enclosed while some may have a low fence in front of the dugout, which is highly recommended. This will help to protect the players in the dugout from foul balls and thrown bats. Some dugouts are sunken into the ground by 2-4 steps. This is not required but does provide a more traditional setting. The dugout can be built at field level. The floor of the dugout should be covered with some type of rubber material to provide safe footing to players wearing metal cleats.

The installation of bat and helmet racks in the dugout is also helpful to extend the life of the equipment and increase player safety.

Coaches’ Boxes

There are two coaches’ boxes on the field: one for third base and one for first base. The coaches’ boxes are marked with a white line. It is better to paint this line than use white chalk or lime. The first and third base coaches stand in these areas. The box is located 15 feet from the foul line in foul territory. The box is 20 feet long and the sides of the box are 10 feet long. The box is sometimes closed in the back, toward the baseline fencing.
Outfield and Baseline Fencing

Chain link fencing is often used to enclose the “perimeter of the field of play” on youth, school and recreational fields. For higher levels of play, the outfield fencing may be made from metal sheets or wood and is padded with 3-inch thick foam. This provides the player with a sense of security allowing him or her to pursue difficult plays without the threat of being injured.

Baseline and outfield fencing is recommended. A field that is completely enclosed by fencing also facilitates on-going maintenance by discouraging or limiting the use of the field for activities that may be harmful to the turf.

The average height of the perimeter fencing is 8 feet; however, 4-6 foot fencing is often used on recreational fields. The age group served by the field, player safety and field security should be considered when determining the appropriate height of the outfield and baseline fencing.

Protective fence cap (photos above) is also installed on chain link fencing for player safety. This product is made of plastic and is attached to the top of the fence. All unattached or curled chain link fabric should be reattached to the rails or replaced promptly to ensure player safety. A bottom rail on chain link fencing is recommended to secure the fabric of the fencing.

Other elements related to the outfield fence include the batter’s eye, the warning track and foul poles.

Batter’s Eye

One of the key components of the outfield is the size and location of the batter’s eye. The batter’s eye is what the batter sees behind the pitcher. This area must be one consistent, dark color, preferably black, and is
normally 60 feet wide and 30 feet high. It is generally a metal structure covered in wind screen material. The wind screen material is made with a solid mesh-like material which allows some air to flow through it.

**Warning Track**

The warning track can be made from a variety of materials. It can be made of a rubberised material and poured onto asphalt or constructed using red crushed brick material and or shell rock. The goal is to ensure the warning track material is different in color and texture than the playing field surface. It is also important that the warning track material is a stone or aggregate material that is consistent in size and meets certain specifications. For example, stone used in warning track material should be no larger than 3/8\textsuperscript{th} of an inch, as shown in the photo (left).

The depth of the warning track material and the method it is applied will vary depending upon the type of material. On average, approximately 4 inches of material is required over a stable sub base. The warning track is normally 15 feet deep in front of all obstructions; however, consult the leagues and associations that will utilize the field regarding rules and regulations. For instance, the outfield warning track on an Olympic field is 20 feet wide as opposed to a Major League field, which requires a width of 15 feet.

**Foul Poles**

Foul poles indicate the foul territory of the outfield field. However, despite the name, a ball hitting a foul pole is considered fair. These poles are normally 30 feet high and have 2 foot wing attached to the fair side of the pole. The proper location of each foul pole is identified by using a transit to find a perfect 90 degree angle with the apex of home plate. Each foul pole will be inside this angle, in the left and right field corners of the field. Poles are located off the field of play and behind the outfield fence. In some cases, the foul poles are a part of the outfield fencing and are padded for player safety.
Scoreboards

Scoreboards are available in many different styles with a variety of functions. Before purchasing a scoreboard, consider the following questions:

1. What is the budget to purchase a scoreboard; what will be the budget for on-going operation and maintenance?
2. What are the field dimensions; what size scoreboard is needed for adequate visibility?
3. What levels of games are played at the field (i.e. recreational, competitive, youth, high school, tournaments)?
4. What is the power/utility availability and requirements for the scoreboard?
5. Will the scoreboard be used for sponsorship opportunities, advertisements?
6. Who will operate the scoreboard?
7. Should the scoreboard be permanently installed or portable (for use at multiple fields)?
8. Where will a portable scoreboard be stored, secured?
9. What is required to install the scoreboard; who will complete the installation?

Protective Screens

The purpose of protection screens is to provide protection to players during training and pre-game practices. Protective screens are not used during the game. The following protective screens are recommended:

1. Pitching protection screens – also known as L-Screens – 1 per field
2. First base protection screen – 1 per field
3. Second base protection screen – 1 per field
4. Ball shagger screen – 1 per field
5. For batting tunnels, one L-screen per tunnel is recommended.
Pitcher’s Protection Screen

During batting practice, the pitcher is normally throwing from a shortened distance (10-15 feet shorter than regulation, in front of the pitchers mound.) This places the batting practice pitcher in great danger as his reaction time to protect himself is greatly reduced. Therefore, a pitcher’s protection screen is highly recommended.

The size of this screen varies for a regulation screen with 2-inch aluminium tubing designed in an “L” shaped is recommended. The recommended dimensions are 8 feet wide with an overall height of 8 feet with the lower wing 40 inches high. The screen should be covered with a strong baseball batting cage-type netting made from nylon if possible. Metal fencing can be used; however, this type is not preferred due to the damage caused by batted balls.

First Base Screen

First base screens, like the one shown on the left, also should have framework of either 1-inch pipe or 2-inch aluminium tubing. The recommended dimensions are 8 feet wide with a height of 8 feet. Again, the screen should be covered with a strong baseball batting cage-type netting made from nylon if possible. Braces can be welded (attached) to the bottom pipe to help the stability of the screen. Wheels can be attached to allow for easier handling.
Second Base Screen and Shagger Screen

Second base and shagger screens are identical and are normally 12 feet wide and 8 feet tall. Construction is similar to the first base screen. It is used to provide protection to the second baseman and shortstop as they practice double plays. The other screen serves a similar purpose as it is used to protect the “ball shagger,” who is located behind the second base area during practice.

Portable Batting Cages

A portable batting cage structure is normally 10 feet high, 20 feet wide and 20 feet deep. It is igloo-shaped (or arched) and is constructed with 2-inch aluminium tubing covered with foam padding for safety of the players inside the batting cage. The structure is usually built with three wheels. One wheel swivels to direct the cage and the other two are stationary. The cage is rolled and positioned very close to the field turf with no more that 3 inches between the lower rail and the grass; therefore, moving it across the field requires a smooth access on and off the field of play.
Batting Tunnels

Batting tunnels, or batting cages, are often used when the field is too wet for practice or to provide additional hitting practice. The average tunnel is 18 feet wide and 80 feet long and 10 feet high. Some batting cages are suspended by cables; although, many batting cage structures are supported with aluminium tubing. If using aluminium tubing, the tubing should be covered with foam padding for safety. The netting on batting tunnels is similar to that used on portable batting cages. The cage netting behind the batter requires a much heavier nylon or a pad to stop the thrown or fouled ball during practice sessions.

Field Signs

Field signs are used for many purposes: to provide the field dimensions (distance to the outfield), to provide sponsorship (fundraising) opportunities, etc. However, field signs can also help encourage good field maintenance practices by all coaches, players and the public.
Chapter IV – Softball Field Maintenance

The maintenance of softball fields is very similar to baseball fields. Although similar, there are several issues regarding the maintenance procedures of infields, mounds and plate areas that vary.

1. A softball field is predominately flat with a 1% grade, falling from the center of the mound. Due to the large area of clay, the infields require extensive dragging and shaping to reduce low spots.

2. The pitcher’s mound is flat and requires similar maintenance as a baseball mound such as watering the clays and packing the mound after use.

3. The home plate area is also treated the same as on a baseball field, as softball and baseball players dig similar holes during the course of play. Follow the same maintenance procedure for the home plate, mound and infield areas.

4. The field layout is different for softball fields for varying ages. Please see Chapter V for suggested field dimensions.

5. The depth of a warning track on a softball field is normally 10 feet.

6. Due to the large size of the softball infield, irrigation systems are installed to irrigate the infield clays. An automatic irrigation system will allow more time for the ground crew to focus on the mound, home plate and dragging requirements.

Photo by Brickman Sports Turf Division
Chapter V - Resources

In this chapter, the following information is provided for reference:

- Suggested Field Dimensions
- Diagrams of Field Layouts
- Metric Conversion Chart
- Daily and Annual Field Maintenance Checklists

Checklists can be used as a helpful guide to develop a proper maintenance routine, especially when several persons or organizations are involved in the maintenance of the field. These checklists can be modified to meet the specific needs of each field. Post the checklists in each dugout for reference by the grounds keeper, coaches and players.
## Suggested Field Dimensions

### Baseball

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Left Field</th>
<th>Center Field</th>
<th>Right Field</th>
<th>Pitching Distance</th>
<th>Distance Between Bases</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 17 and older</td>
<td>321 ft.</td>
<td>400 ft.</td>
<td>321 ft.</td>
<td>60 ft. 6 in.</td>
<td>90 ft.</td>
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<tr>
<td>Ages 15-16</td>
<td>280 ft.</td>
<td>350 ft.</td>
<td>280 ft.</td>
<td>60 ft. 6 in.</td>
<td>90 ft.</td>
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<tr>
<td>Ages 13-14</td>
<td>250 ft.</td>
<td>315 ft.</td>
<td>250 ft.</td>
<td>54 ft.</td>
<td>80 ft.</td>
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<tr>
<td>Ages 11-12</td>
<td>200 ft.</td>
<td>200 ft.</td>
<td>200 ft.</td>
<td>46 ft.</td>
<td>60 ft.</td>
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</table>

### Girls’ Fastpitch Softball

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Home Run Fence</th>
<th>Pitching Distance</th>
<th>Distance Between Bases</th>
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<tbody>
<tr>
<td>High School (NFSHSA)</td>
<td>185-235 ft.</td>
<td>40 ft.</td>
<td>60 ft.</td>
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<tr>
<td>Ages 15-19 (ASA)</td>
<td>200-225 ft.</td>
<td>40 ft.</td>
<td>60 ft.</td>
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<tr>
<td>Ages 14 and under (ASA)</td>
<td>175-200 ft.</td>
<td>40 ft.</td>
<td>60 ft.</td>
</tr>
<tr>
<td>12 and under (ASA)</td>
<td>175-200 ft.</td>
<td>35 ft.</td>
<td>60 ft.</td>
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<tr>
<td>10 and under (ASA)</td>
<td>150-175 ft.</td>
<td>35 ft.</td>
<td>55 ft.</td>
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### Suggested Space Requirements

<table>
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<tr>
<th>Field Dimension</th>
<th>Age Group</th>
<th>Space Requirement</th>
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<tr>
<td>Regulation baseball (90 ft. bases)</td>
<td>High school level and 16 year olds and up</td>
<td>110,000 sq. ft.</td>
</tr>
<tr>
<td>Regulation baseball (90 ft. bases)</td>
<td>13-15 year olds</td>
<td>90,000 sq. ft.</td>
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<tr>
<td>Youth baseball (60 ft. bases)</td>
<td>12 and under</td>
<td>60,000 sq. ft.</td>
</tr>
<tr>
<td>Fastpitch Softball (60 ft. bases)</td>
<td>12 and under to 19</td>
<td>60,000 sq. ft.</td>
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# Metric Conversion Chart

## LENGTH

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<tr>
<th>Symbol</th>
<th>When You Know</th>
<th>Multiply by</th>
<th>To Find</th>
<th>Symbol</th>
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<tbody>
<tr>
<td>in</td>
<td>inches</td>
<td>2.54</td>
<td>centimeters</td>
<td>cm</td>
</tr>
<tr>
<td>ft</td>
<td>feet</td>
<td>30.48</td>
<td>centimeters</td>
<td>cm</td>
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<tr>
<td>ft</td>
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<td>0.3048</td>
<td>meters</td>
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<tr>
<td>yd</td>
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<td>mi</td>
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## AREA

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<tr>
<th>Symbol</th>
<th>When You Know</th>
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<th>Symbol</th>
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</thead>
<tbody>
<tr>
<td>sq. in. (in²)</td>
<td>square inches</td>
<td>6.45</td>
<td>square centimeters</td>
<td>cm²</td>
</tr>
<tr>
<td>sq. ft. (ft²)</td>
<td>square feet</td>
<td>0.093</td>
<td>square meters</td>
<td>m²</td>
</tr>
<tr>
<td>sq. yd. (yd²)</td>
<td>square yards</td>
<td>0.836</td>
<td>square meters</td>
<td>m²</td>
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<tr>
<td>acres</td>
<td></td>
<td>0.405</td>
<td>hectares</td>
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## WEIGHT (MASS)

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<th>Symbol</th>
<th>When You Know</th>
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<tbody>
<tr>
<td>oz</td>
<td>ounces</td>
<td>28</td>
<td>grams</td>
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<tr>
<td>lb</td>
<td>pounds</td>
<td>0.45</td>
<td>kilograms</td>
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Diagrams of Field Layouts

(Diagrams from www.markersinc.com)

Regulation Baseball Field

![Diagram of a College/High School Baseball Field Dimensions](image)
Diagrams of Field Layouts
(Diagrams from www.markersinc.com)

Youth Baseball Field

Baseball Pitcher's Mound

CROSS SECTION AT THE MOUND
## Daily Field Maintenance Checklist

### Daily Routine before Practice:
- Remove tarps
- Water skinned areas and baselines
- Install the bases
- Erect safety screens for pitcher, first base and second base
- Place the batting cage at home plate

### Daily Routine after Practice and Games:
- Remove the bases and cover the base anchor sleeves
- Drag the skinned areas and baselines
- Recondition the mound, home plate area, cover with tarps
- Recondition the bull pen mound and home plate area
- Replace and tamp any loose divots in turf areas
- Dispose of trash in and around field and bleacher areas

### Day of Game Routine:
- Remove tarpaulins
- Mow the grass
- Scarify the skinned areas with a spiker
- Drag the skinned areas smooth
- Water the infield area
- Sweep and clean dugouts
- Set the chalk lines and mark officially
- Place the batting practice pitcher’s mat on the mound
- Place the safety screens: pitcher, first base and second base
- Paint or wash bases, pitching plate and home plate
- Prepare the bullpens
- Hang flags on the foul line poles and flagpole
- Check the operation of the field lights and scoreboard
- Prepare the press box and operation of the p.a. system
- Check the operation of the electrical equipment in the concession stand
- Clean and prepare the locker rooms and umpire rooms
- Dispose of trash found in and around field and bleacher areas
# Annual Field Maintenance Checklist

## Spring Routine:
- Perform soil and tissue tests
- Aerate the field
- Top dress the field
- Fertilize the field
- Apply pre-emergent herbicides
- Clean, paint or repair dugouts, fencing, bleacher areas and field signs
- Reattach or replace lose or curled chain link fabric

## Fall Routine:
- Perform soil and tissue tests
- Aerate the field
- De-thatch or verticut turf
- Over-seed and top dress the field
- Fertilize the field
- Apply post-emergent herbicides
- Add ground limestone every other year
- Complete renovations or reconstruction projects if needed

## Winter Routine:
- Review field maintenance plan and budget
- Review upcoming field use schedule
- Clean, repair or replace field maintenance equipment
- Plan future renovations or reconstruction projects to be completed next fall
Notes
## Important Contacts

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